**DANCIN’ FEET IN MOTION**

**Carol Larocque, Instructor**

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Hi All!

It’s been a long time coming, but unless something drastic happens to delay the opening, ParkSide Older Adult Centre will be opening on Friday, October 1, 2021! Yeah!!!!

In-class lessons will begin the week of November 22, 2021. Beginner/High Beginner on Monday mornings at 10:00 a.m., New Beginner on Wednesday evenings at 6:30 p.m., Improver/Intermediates on Thursday evenings at 6:30 p.m.

ParkSide Centre has outlined their rules and protocols for attending in-class activities. The document is attached in this email, and **this protocol will be strictly enforced**.

**Masking:**

You will be required to wear a mask when you enter the YMCA building, not just when you arrive at ParkSide Centre main doors.

Because the dancing is lessons and teaching, we will be allowed to remove our masks once inside the room that has been designated. You may still wear your mask if you wish.

When you leave the room, you must re-mask until you return to the room (if you are proceeding to the washroom) or are leaving the building.

**All Members and Non-Members - Protocol Before Coming and When Arriving at the Front Desk:**

1. **Perform your pre-screening prior to coming to class:** at [https://covid-19.ontario.ca/self-assessment](https://covid-19.ontario.ca/self-assessment/?fbclid=IwAR2YoGrRwa0qJSa8dWHLKRU_SX5ZGQK1uGvH9e04OalOnx0am2K8T06DnVY).
2. This pre-screening must be performed **each and every time** you decide to come to class. **If you are ill or not feeling well, please stay home!**
3. Ensure you are masked when entering the building and the ParkSide Centre lobby.
4. **Members**: sign in on the touch screen, the same as you used to do prior to COVID-19. Screening questions will be repeated (same as those from self-assessment).
5. **Non-Members**: The volunteer staff at ParkSide Centre will get set you up in the computer system and show you how to use the touch screen. Screening questions will be repeated (same as those from self-assessment).
6. **ONLY THE FIRST TIME YOU PRESENT FOR CLASS**: you will be required to sign a Liability Waiver (see info on ParkSide Centre document attached. Once ParkSide Centre has a copy, you will not be required to sign another.
7. **Proof of COVID-19 Vaccination –** you will provide proof of vaccination at the front desk, and to the Instructor – Carol Larocque. Carol will record that you have your vaccination records. **If you unvaccinated or only have 1 dose of vaccination, you will not be allowed to enter the building or attend the classes.**
8. Proceed to the room (Kinsmen A, B, or C- signs above the entrance doors to each room) that you have been assigned to (this will be given to you in each and every class notice, sent to you 2 days prior to class.
9. Once inside the room, please proceed to the sign-in sheet for class. Carol will have everything arranged, so all you have to do is place a check mark in the date column for class. **For the initial first class**, you will be asked to sign-in and provide email address and the most used phone number for yourself (for contact tracing, if required). You will also be required to sign a Waiver of Liability for Dancin’ Feet in Motion.
10. You may then proceed to change your shoes (if you have dancing shoes opposed to street shoes).
11. Once you have changed shoes, you can then remove your mask and get ready to start class.
12. **When leaving the room, you MUST re-mask** – to proceed to the washroom facilities or leave the building.