

# Heart of Gold

**COPPER KNOB**  
BY CONNECTION

**Count:** 32    **Wall:** 4    **Level:** Improver

**Choreographer:** Lisa M. Johns-Grose and Gail A. Dawson - January 2019

**Music:** Good As You by Kane Brown



## Intro – 16 Counts - No Tags or Restarts

### Night Club, Night Club, Night Club Turn $\frac{1}{4}$ , Full Turn (\* Option – Triple Forward)

- 1, 2&                    R step to R, L rock behind R, recover to R  
3, 4&                    L step to L, R rock behind L, recover to L  
5, 6&                    R step to R, L rock behind R, recover R turning  $\frac{1}{4}$  to L (9 o'clock)  
7&8                      L step turning  $\frac{1}{2}$  to R, R step turning  $\frac{1}{2}$  to R, L step forward

**\*Option – L step forward, R step beside L, L step forward**

### Cross Rock, Recover, Cross Rock, Turn, Step, Sweep, Coaster Turn $\frac{1}{4}$

- 1, 2&                    R cross rock, recover to L, R step to R  
3, 4&                    L cross rock, recover to R, L step to L  
5, 6&                    R step cross over L turning  $\frac{1}{4}$  L (6 o'clock), L sweep forward, R step to R  
7&8                      L step back turning  $\frac{1}{4}$  to L (3 o'clock), R step beside L, L step forward

### Rocking Chair, Triple Forward, Step, Turn $\frac{1}{2}$ , Step, Turn $\frac{1}{2}$

- 1&2&                    R rock forward, recover L, R rock back, recover L  
3&4                      R step forward, L step beside R, R step forward  
5, 6                      L step forward, pivot  $\frac{1}{2}$   
7, 8                      L step forward, pivot  $\frac{1}{2}$

**\*Option – Rocking Chair**

### Cross Rock, Side Rock, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross

- 1&2&                    L cross rock, recover to R, L rock to L, recover to R  
3&4                      L step behind R, R step to R, L cross over R  
5, 6                      R rock to R, recover to L  
7&8&                    R step behind L, L step to L, R cross rock, recover to L

## END After Wall 7

- 1, 2&                    R step to R, L rock behind R, recover to R  
3, 4&                    L step to L, R rock behind L, recover to L turning  $\frac{1}{4}$  R (12 o'clock)

## Contacts:-

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