

MAMMA MARIA

32 count, 4 wall, Ultra-Beginner Line Dance

Choreographed by Frank Trace

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Music Suggestions:

“Mamma Maria” by Ricchi E Poveri (136 bpm) *(Italian)*

“Mamma Maria” by The Countdown (136 bpm) *(Italian)*

* *Start dance 16 counts in on vocal.*

Note: There are many recordings of this song, all will work. Available on amazon.com

“High Lonesome Sound” by Vince Gill (96 bpm) *(Country)*

Or “Poker Face” by Lady Gaga (120 bpm) *(Pop)*

* *When using Poker Face, start dance 32 counts in on heavy beat.*

Or “The Time” by Black Eyed Peas

WALK FORWARD DIAGONALLY RIGHT, KICK

WALK BACK DIAGONALLY LEFT, TOUCH

- 1-4 Walk forward right diagonal stepping R, L, R, kick L forward (1:30)
5-8 Walk back left diagonal stepping L, R, L,
touch R next to L as you square up with front wall (12:00)

WALK FORWARD DIAGONALLY LEFT, KICK

WALK BACK DIAGONALLY RIGHT, TOUCH

- 1-4 Walk forward left diagonal stepping R, L, R, kick L forward (10:30)
5-8 Walk back right diagonal stepping L, R, L,
touch R next to L as you square up with front wall (12:00)

TWO CHARLESTON STEPS

- 1-4 Step R forward, kick L forward, step L back, touch R back
5-8 Step R forward, kick L forward, step L back, touch R back

VINE RIGHT, TOUCH, VINE LEFT 1/4 TURN LEFT, TOUCH

- 1-4 Step R to right side, step L behind R, step R to right side, touch L next to R
5-8 Step L to left side, step R behind L, turning 1/4 left step on L,
touch R next to L (9:00)

REPEAT