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| Breathe |  |

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| **Count:** | 32 | **Wall:** | 2 | **Level:** | Intermediate NC2S | . |
| **Choreographer:** | Simon Ward (AUS) - February 2024 |
| **Music:** | Breathe - Faith Hill : (Album: Breathe) |
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**Notes: Dance starts on lyrics approx. 14secs, Restart on Wall 4 after count 24**

**Ending: Finish on count 4& facing front wall stepping right to right side raising right arm slowly up and down**

**[1-8] R basic, L Basic, ½ turn L, 1/8 turn L, Run fwd L,R, Rock L fwd, Run back R,L**

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| --- | --- |
| 1-2& | Step right to right side, Rock/step left behind right, Recover weight onto right 12.00 |
| 3-4& | Step left to left side, Rock/step right behind left, Recover eight onto left 12.00 |
| 5-6& | Step right to right side making a ½ turn left lifting left foot off the ground, Make a further 1/8 turn left & step left forward, Step right forward 4.30 |
| 7-8& | Rock/lunge left forward (extend right arm forward for styling), Step right back, Step left back  4.30 |

**[9-16] R back & L sweep, L behind R, R side, Cross/rock L, Recover R, ¾ turn L sweeping L, L behind R, R side, L rocking chair**

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| --- | --- |
| 1-2& | Step right back sweeping left back, Step left behind right, make a 1/8 turn right & step right to right side 6.00 |
| 3-4& | Cross/rock left over right, Recover weight back onto right, Step left forward turning ¼ turn left 3.00 |
| 5-6& | Step right beside left turning ½ turn left sweeping left back, Step left behind right, Step right to right side 9.00 |
| 7&8& | Cross/rock left over right, Recover weight back onto right, Rock/step left to left side, Recover weight onto right |

**(Treat this section more like a push, no bouncing in the rock/steps) 9.00**

**[17-24] L behind R & sweep, R behind L, 1/8 L, R fwd turning ½ L, Fwd L,R, L fwd turning ½ R, Full turn R, R fwd & sweep, L fwd & hitch R**

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| --- | --- |
| 1-2& | Step left behind right sweeping right back, Step right behind left, Step left forward turning 1/8 turn left 7.30 |
| 3 | Step right forward & turn a ½ turn left slowly keeping weight onto right 1.30 |
| 4& | Step left forward, Step right forward 1.30 |
| 5 | Step left forward & turn a ½ turn right slowly keeping weight onto left 7.30 |
| 6& | Step right forward, ½ turn right stepping left back (traveling slightly forward) 7.30 |
| 7-8 | ½ turn right stepping right forward & sweep left forward, Step left forward & hitch right knee forward whilst lifting up on ball of left foot 7.30 |

**\*\*RESTART on WALL 4\*\* – Hitch right knee on count 24 turning to front wall to start again.**

**[25-32] R back sweep L, L behind R, 3/8 turn R, L fwd turning ½ R, Fwd R,L, R fwd coaster step, L back & sweep, Rock/recover**

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| --- | --- |
| 1-2& | Step right back sweeping left back, Step left behind right, Step right forward turning 3/8 turn right 12.00 |
| 3-4& | Step left forward turning a ½ turn right slowly keeping weight onto left, Step right forward, Step left forward 6.00 |
| 5&6 | Step right forward, Step left beside right, Step right back sweeping left back 6.00 |
| 7-8& | Step left back sweeping right back, Rock/step right behind left, Cross/step left over right 6.00 |

**RESTART**

**Original step sheet available on “Simon Ward Linedance” Facebook Page**